



Information and Support Centres

This service supports anyone looking for health information.

We can give you support by:

- Providing free access to information
- Signposting to local services
- Offering time to talk in a confidential environment

You can get free information about:

- All types of health conditions, including cancer and long-term health conditions
- Local services and organisations
- Access to financial advice and information on benefits
- Carers information
- Screening, health awareness and health promotion

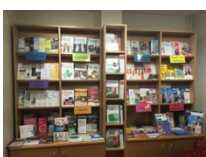
The information is available in a range of formats including leaflets, booklets, online, audio and easy read. Some resources are also available in community languages and Welsh.

How to find us



Macmillan Information and Support Centre
University Hospital of Wales, Concourse
Heath Park, Cardiff, CF14 4XW
Tel: 029 2074 5655

Information and Support Centre, University Hospital Llandough
The Plaza, Penlan Road, Llandough, CF64 2XX
Tel: 029 2071 6311



Information and Support Centre, Barry Hospital
Colcot Road, Barry, CF62 8YH
Tel: 01446 704141

Email: cardiffandvale.patientinformation@wales.nhs.uk ; Tel: 07973715912
Visit our website: <http://www.cardiffandvaleuhb.wales.nhs.uk> – Our Services section